# VOLUNTEER OPPORTUNITIES

## INFORMATION / WAY-FINDING

Volunteers are stationed at the main entrances to welcome patients and visitors when they enter the health centre, respond to general inquiries and direct and/or escort people to their destinations.

16+ years of age > Weekdays, Evenings & Weekends

## CLINIC SUPPORT

Volunteers provide assistance in clinical areas to help improve patient flow, minimize stress and promote a positive patient experience. Examples of clinical areas:

- **Day Surgery** 18+ years of age > Weekdays
- **Diagnostic Imaging** 16+ years of age > Weekdays
- **Outpatient Lab** 16+ years of age > Weekdays
- **Emergency Dept.** 18+ years of age > Weekdays, Evenings & Weekends

## UNIT VISITING

Volunteers enhance the patient experience by providing companionship and supporting the facilitation of therapeutic activities at the health centre.

- **Recreation Therapy** 16+ years of age > Weekdays
- **Patient Visiting** 18+ years of age > Weekdays, Evenings & Weekends
- **Hospital Elder Life Program** - An evidence-based, patient-care program that assists with the transition from hospital to home by supporting the physical, cognitive and emotional well-being of older patients.
  16+ years of age > Weekdays, Evenings & Weekends

## PET THERAPY

Volunteers (handlers and animals) enhance the patient experience through friendly visits, therapeutic interactions and compassionate companionship. Volunteers must complete a mandatory assessment, evaluation and training to be considered for the program. Please note that there is usually a waiting period for this program, as intake sessions are held on an annual or bi-annual basis.

18+ years of age > Weekdays, Evenings & Weekends

## FUNDRAISING SUPPORT

Volunteers support the NBRHC Foundation by assisting with fundraising programs, projects and activities. Funds raised contribute to patient programming and the purchase of medical equipment.

16+ years of age > Weekdays

## OFFICE SUPPORT

Volunteers assist with administrative projects and activities to support the operations of various departments at the health centre - the availability of opportunities is determined by departmental needs.

16+ years of age > Weekdays

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The availability of volunteer opportunities changes on an on-going basis, and some positions require specific qualifications and/or additional training.